

SHANREN

# BEAT 10

## HEART RATE MONITOR

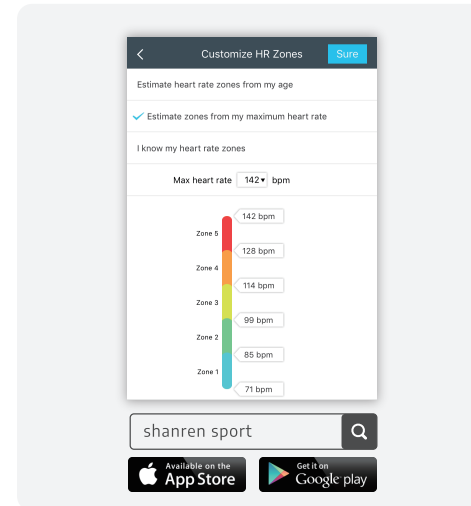
USER MANUAL

### Safety Warnings and Suggestions

- 1 Please read the safety instructions carefully and keep it for future reference.
- 2 Be aware of all warnings and instruction signs marked on the products.
- 3 keep out of the reach of children.
- 4 Always keep this product away from all kinds of heat sources.
- 5 Do not insert objects or pour liquid into this product through any apertures on bezels.
- 6 Do not attempt to repair the product yourself or by any other unqualified person.
- 7 Never use cleaning chemicals. (Cleaning chemicals may cause faster aging of the product and shorten service life.)
- 8 Do not stretch the strap or bend the electrode areas sharply.
- 9 Do not store the heart rate sensor wet in non-breathing material, to prevent oxidation. Keep the device in a cool and dry place.

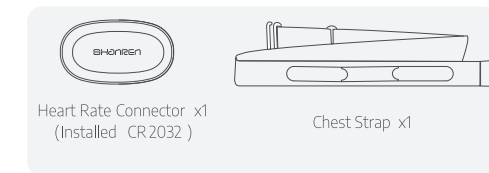
\* IMPORTANT: This product is for sport purposes only and it is not meant to replace any medical advice.

SHANREN BEAT 10 dual mode heart rate monitor supports both ANT+ and BLE 4.0 technology. You can connect the device to smartphone directly for real-time heart rate data records and training analysis.



For cycling exercise, please download SHANREN SPORT APP to set personal heart rate zone manually for better training.

### Device Overview

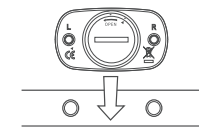


### How To Wear the Heart Rate Sensor

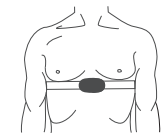
- 1 Moisten the electrode areas of the chest strap;



- 2 Attach the connector to the chest strap, marked 'L' towards left;



- 3 Adjust the strap length to fit tightly but comfortably. Check that the moist electrode areas are firmly against your skin.



### Compatible with most popular Apps

App Support: Shanren Sport, Runtastic PRO, Strava, Wahoo Fitness, MapMyRun, MapMyRide, RunKeeper, iBike, Sports tracker, Endomondo etc.

### Maintenance

This device is a high-tech instrument that should be handled with care. Follow the maintenance instructions to ensure reliable measurement and to maximize the life span of the heart rate sensor.

### Heart rate sensor

Detach the connector from the strap after every use and dry the sensor with a soft towel. Do not use cleaning chemicals.

### Chest strap

Rinse the strap under running water after every use and hang to dry. Cleaning of strap in a washing machine or dryer is strongly prohibited.

\* Never use cleaning chemicals. (Cleaning chemicals may cause faster aging of the product and shorten service life).

\* Do not stretch the strap or bend the electrode areas sharply.

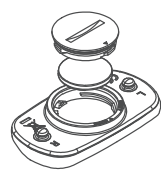
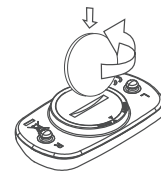
\* Do not store the heart rate sensor wet in non-breathing material, to prevent oxidation. Keep the device in a cool and dry place.


### Battery

This device uses the CR2032 battery, which has been installed in the heart rate connector. The battery life is 800 hours.

### Battery replacement

- 1 Using a coin, twist the battery door counter clockwise until it clicks out of place.
- 2 Remove the battery and dispose according to your local regulations.
- 3 Replace the battery positive (+) side up. Use a coin to twist the battery door back into place.



 To avoid danger, batteries should be kept away from the children's area.

### Specifications

**Product Name:** Beat 10

**Model:** SR-HRM10

**Communication Mode:** ANT+/Bluetooth Smart

**Battery:** CR2032

**Working Time:** 800hrs

**Belt Range:** 65cm-95cm(25.6-37.4 in)

**Sensor Size:** 58x34x12mm

**Waterproof:** IP67

**Weight:** 55g

**BLE / ANT+ devices connection supportive:**

**App Support:** Shanren Sport, Runtastic PRO, Strava, Wahoo Fitness, MapMyRun, MapMyRide, RunKeeper, iBike, Sports tracker, Endomondo etc.

**Compatible with:** Shanren Discovery

iOS & Android devices (iOS 7.0 or later, Android 4.3 or later)

### Warranty Card

Shanren products are covered under 1 year's warranty. Accessories excluded.

Each product unit is warranted to be free of factory defects for 1 year from original purchase. If the product fails to work through normal usage, we will repair or replace the defect at no charge. Service must be performed by an authorized Shanren dealers or an authorized Shanren retailers. To return the product, enclose its warranty card together with details about its dis-function. Please type your name and address clearly on the warranty card.

Insurance and transportation charges shall be born by the party requesting service.

Thanks for understanding.

**User name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

**Order No.:** \_\_\_\_\_

**Commodity name and specification:** \_\_\_\_\_

**Dealer name:** \_\_\_\_\_

**Purchasing date:** \_\_\_\_\_



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